



Common Household Hazards & Toxins

A Guide To Pet Safety



Accidental poisoning of a pet can happen quickly, sometimes in a matter of seconds. It can be far easier and less stressful to take preventative measures to ensure your pet is exposed to fewer risks. If you think your pet has ingested a poisonous substance, immediately call:

Animalia 615-595-7100 (or your veterinarian)
Blue Pearl Veterinary Partners Emergency Clinic 615-333-1212
ASPCA Animal Poison Control Center 888-426-4435

Common Household Toxins

- Rat Poison
- Antifreeze
- Lilies
- Sago Palm
- Amaryllis
- English Ivy
- Marijuana
- Human Medications*

Many plants and trees can be harmful to pets if ingested. Cardiotoxic plants (oleander, azalea, foxglove) affect the heart and others can cause kidney failure, especially in cats.

*Human Medications Toxic to Pets

- Pain Relievers (Advil, Motrin, Ibuprofen, Aspirin, Aleve)
- Antidepressants (Cymbalta, Effexor)
- ADD/ADHD Medications (Ritalin, Vyvanse)
- Sleep Aids (Klonopin, Ambien, Lunesta)
- Muscle Relaxants (Lioresal, Flexeril)
- Heart Medications (Cartia, Cardizem)
- Cold & Allergy Medications w/Decongestants
- Caffeine Pills
- Vitamins & Minerals (unless directed by your veterinarian)

Foods Pets Should Never Eat

- Alcohol
- Avocado
- Broccoli (in large amounts)
- Caffeine
- Chives
- Chocolate
- Garlic
- Grapes/Raisins/Prunes
- Ham
- Items with Xylitol (gum/candy)
- Macadamia Nuts
- Mushrooms
- Nutmeg
- Onions
- Salt (in large amounts)
- Seeds/Pits
- Spicy Foods
- Tobacco
- Yeast/Dough

Grapes and raisins can cause acute renal failure and possibly death in pets. Coffee grounds found in the trash contain caffeine, which can cause increased heart rate, hyperactivity, shaking or seizures.

Please keep all medications in a safe, secure location, including medications prescribed for your pet. Overdoses of pet medication can also be dangerous.